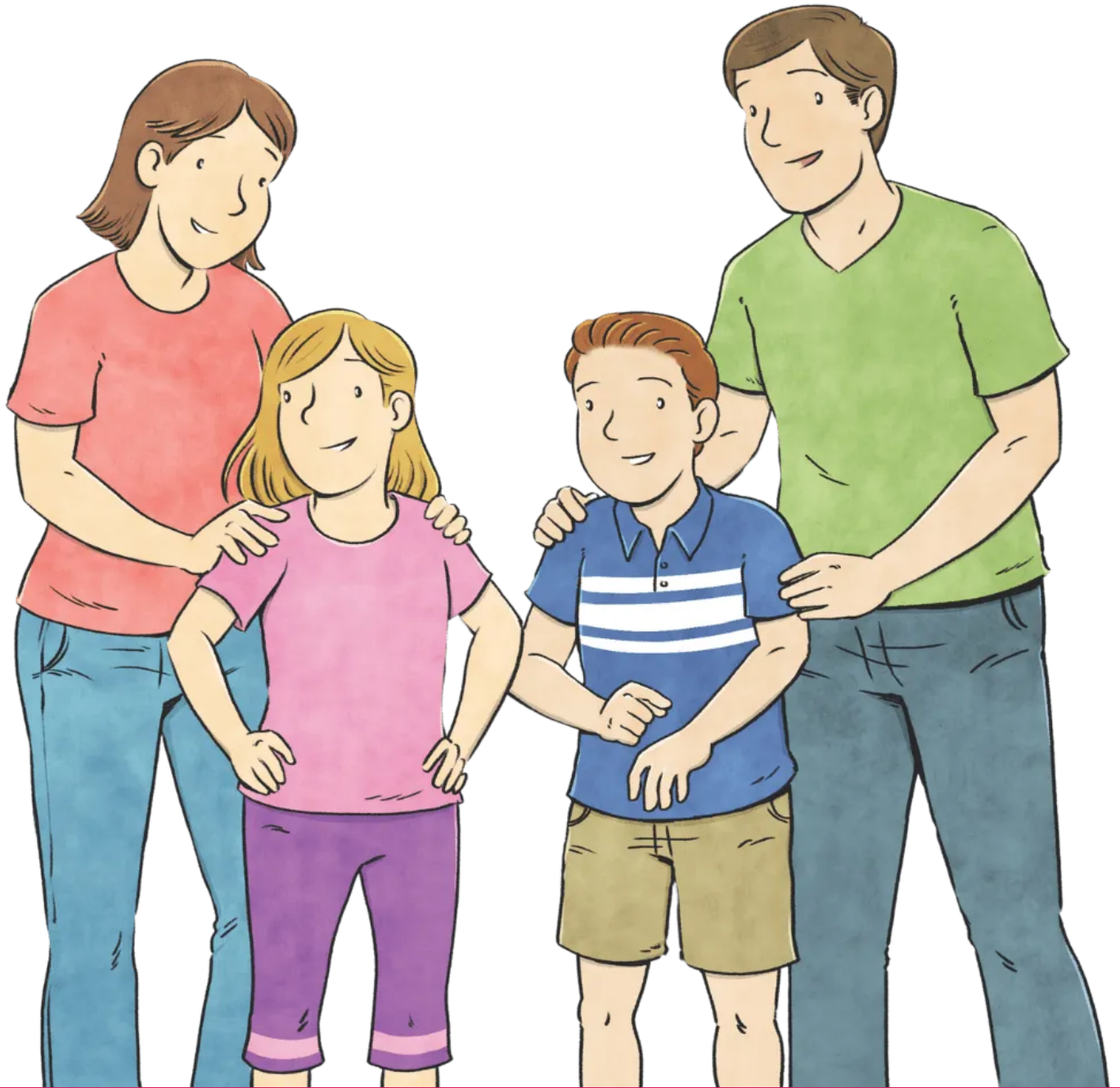


# Valentine's Day Activity Book



Celebrating Valentine's Day  
With Your Family & Friends

# Letter to Parents

Dear Parents,

Valentine's Day is a wonderful time to teach our kids that love and kindness are things we can share every day—not just on February 14.

This year, we've created a special Valentine's Day workbook that encourages kids to think about the people they care about and how they can show their love and appreciation all year long. It's not just about the candy or the cards—it's about building lasting habits of love and appreciation.

As we celebrate the season of love, let's remember that showing kindness doesn't have to be a big gesture. Sometimes, the simplest things—a kind word, a thoughtful note, or a small act of service—mean the most. And the more we practice these, the more naturally they become part of our everyday lives.

We hope this workbook brings a little extra joy to your Valentine's Day and helps your family spread love and kindness far beyond the holiday.

—The Tuttle Twins team

## What's Inside

**Celebrating Valentine's Day article**

**Valentine's Day—Every Day article**

**Family discussion starters**

**Family & friends appreciation activity**

**Word searches**

**Crossword puzzle**

**Mazes**

**Poetry Activities**

**Logic Puzzle**

# Celebrating Valentine's Day

Valentine's Day is a time to celebrate love, friendship, and kindness. It's not just about hearts, chocolates, and fancy cards. While many people think of Valentine's Day as a holiday for couples, it's actually a wonderful time to celebrate all kinds of love!

Whether it's the love of family, the bond of friendship, or simply spreading kindness to others, Valentine's Day is a reminder that love comes in many forms. You can take part in making someone's day special with thoughtful words, kind actions, and meaningful time spent together.

## A Little History

Valentine's Day is named after Saint Valentine, a man who lived a long time ago and was known for his kindness and generosity. Over the years, people started using this day to show love to the special people in their lives—not just sweethearts, but also family and friends!

## Fun Ways to Celebrate with Family and Friends

You don't need to spend a lot of money to make Valentine's Day special. Here are some fun and meaningful ways to celebrate.

**Make handmade cards.** Write a thoughtful note to your parents, grandparents, siblings, cousins, or friends. Add a fun drawing of one of their favorite things or the two of you spending time together. A kind word can brighten someone's whole day!

**Bake sweet treats together:** Baking cookies, cupcakes, or brownies with your family is a great way to spend quality time together *and* spread love. You can surprise your neighbors or friends with homemade treats!

## Celebrating Valentine's Day (cont.)

**Create a kindness jar.** Find a jar and fill it with little notes of encouragement and appreciation. Every time a family member needs a pick-me-up, they can grab a note and feel the love!

**Read a story about love and friendship.** There are so many engaging books that celebrate love and kindness. Family reading time is a great way to enjoy quality time together.

**Have a game night.** Spend quality time with your family playing board games or card games. Laughing and making memories together is one of the best ways to show love!

**Do something nice for someone.** Whether it's helping a sibling with their chores, doing yard work for your grandparents, or calling a friend just to say hi, small acts of kindness make a big difference.

Remember, Valentine's Day isn't just about gifts—it's about showing love and appreciation in ways that truly matter. So this year, let's make it a day full of kindness, fun, and gratitude!

**How will YOU celebrate Valentine's Day?**



# Valentine's Day—Every Day

Valentine's Day is a special day to celebrate love, friendship, and kindness. But guess what? We don't have to wait for February 14 to show people we care! The best part about love and kindness is that it can be shared every single day of the year.

## What Does Valentine's Day Teach Us?

Valentine's Day reminds us to appreciate the people in our lives—like our family, friends, neighbors, and everyone who makes this world a better place.

It's about showing love, gratitude, and kindness through words and actions. But why limit that to just one day? Imagine how wonderful the world would be if we treated every day like Valentine's Day!

## Ways to Celebrate Love and Kindness All Year Long

**Say “thank you” often.** A simple “thank you” can go a long way! Show appreciation whenever someone does something kind.

**Write notes of encouragement.** You don't need a holiday to write a sweet note! Surprise a friend or family member with a kind message anytime.

**Be a good listener.** One of the best ways to show you care is to listen when someone needs to talk. Being a good friend means being there for others!

**Do small acts of kindness.** Hold the door open for someone or share a pencil with someone who forgot theirs. Little actions make a big difference!

# Valentine's Day—Every Day (cont.)

**Spend quality time together.** Love isn't just about words or gifts. It's about spending time together. Play games, go on a walk, or help with a project. It's one of the best ways to show you care!

**Spread kindness in your community.** Look for ways to help others around you. Maybe you can donate clothes, help a neighbor, or volunteer with your family.

Valentine's Day is a great reminder to spread love and kindness, but let's make it a habit that lasts all year!

**How will you share kindness today?**



# Family Discussion Starters

Family discussions are so important and are a great way to encourage your children to think critically and be able to communicate their thoughts and beliefs confidently.

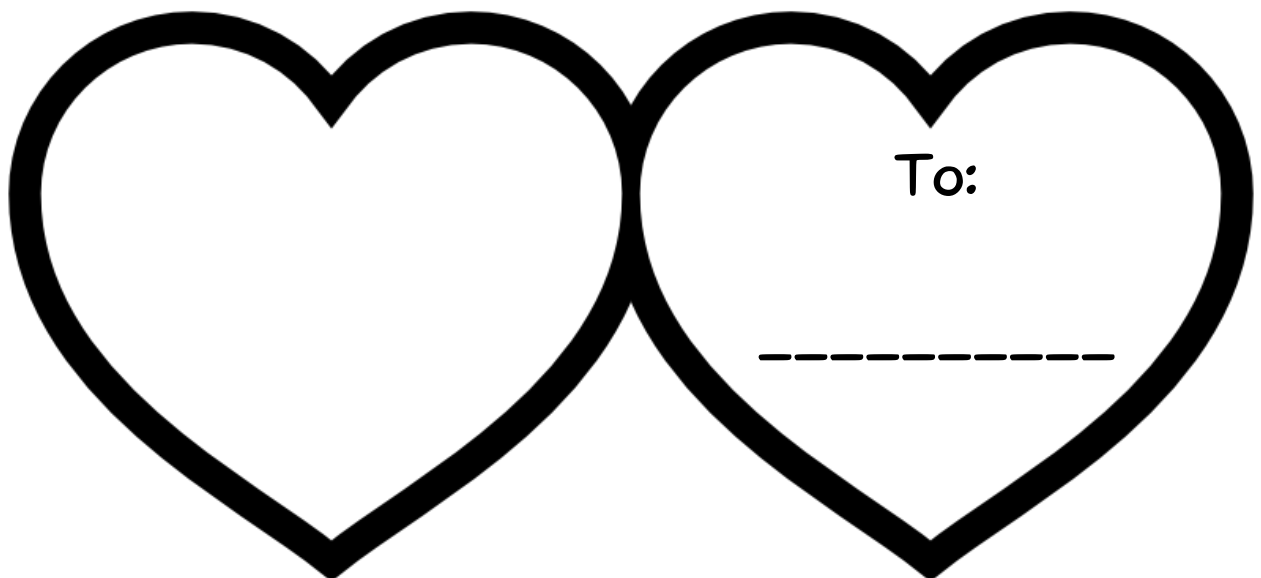
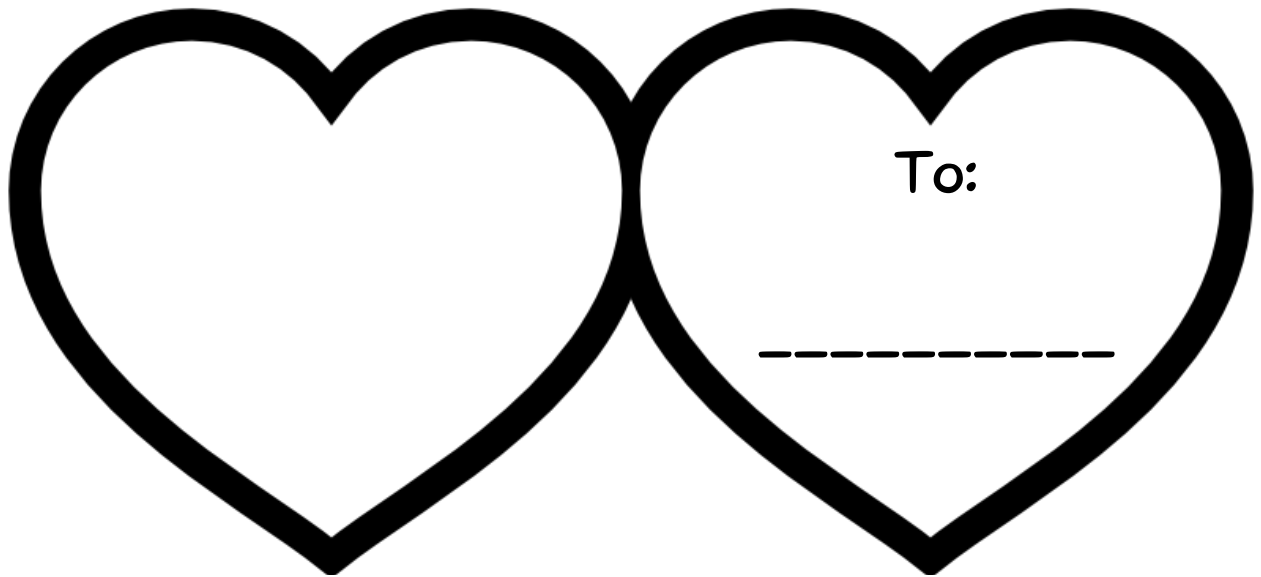
We hope the questions below spark meaningful conversations with your family at the dinner table, in the car, or anywhere your family spends time together.

- Why do people celebrate Valentine's Day? Do you think it's important?
- Do we need a special holiday to show love and appreciation, or should we do it all the time?
- Do you think Valentine's Day is too commercialized, or does it serve a good purpose?
- If you could design your own holiday about love and kindness, what would it look like?
- What are small ways we can show kindness every day, not just on Valentine's Day?
- Can you think of a time when someone showed you unexpected kindness? How did it make you feel?
- How does being kind to others actually help us in return?
- What's a simple act of kindness we could do today for someone in our family or community?
- What's a fun or meaningful Valentine's tradition we could start together?
- Do you think Valentine's Day should be more about giving or receiving?

# Family & Friends Appreciation Activity

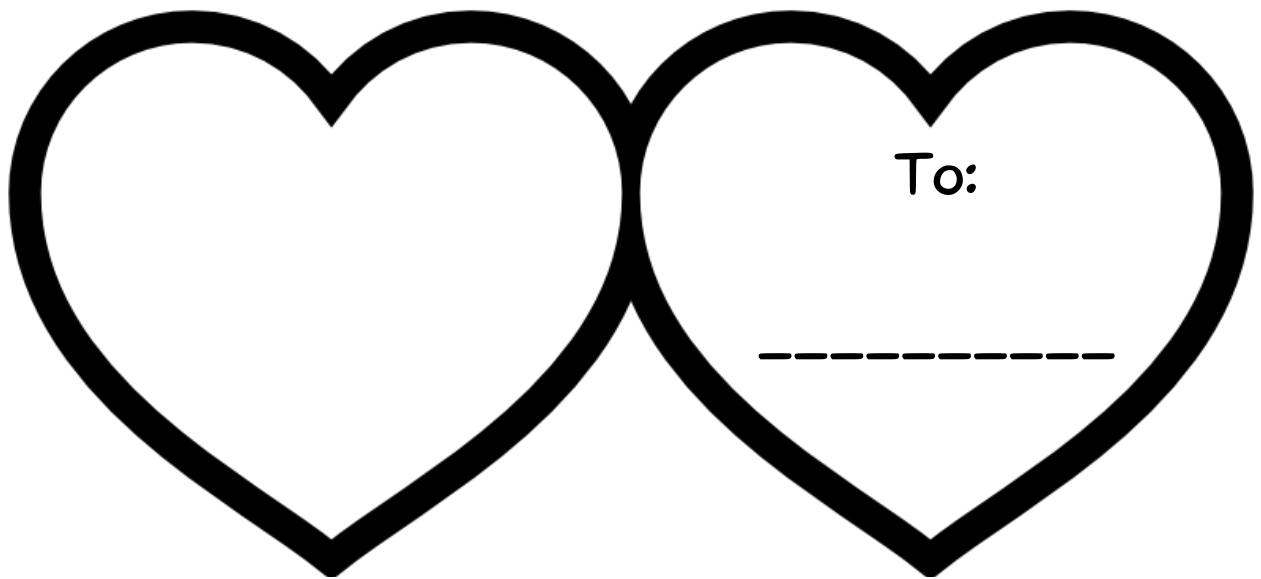
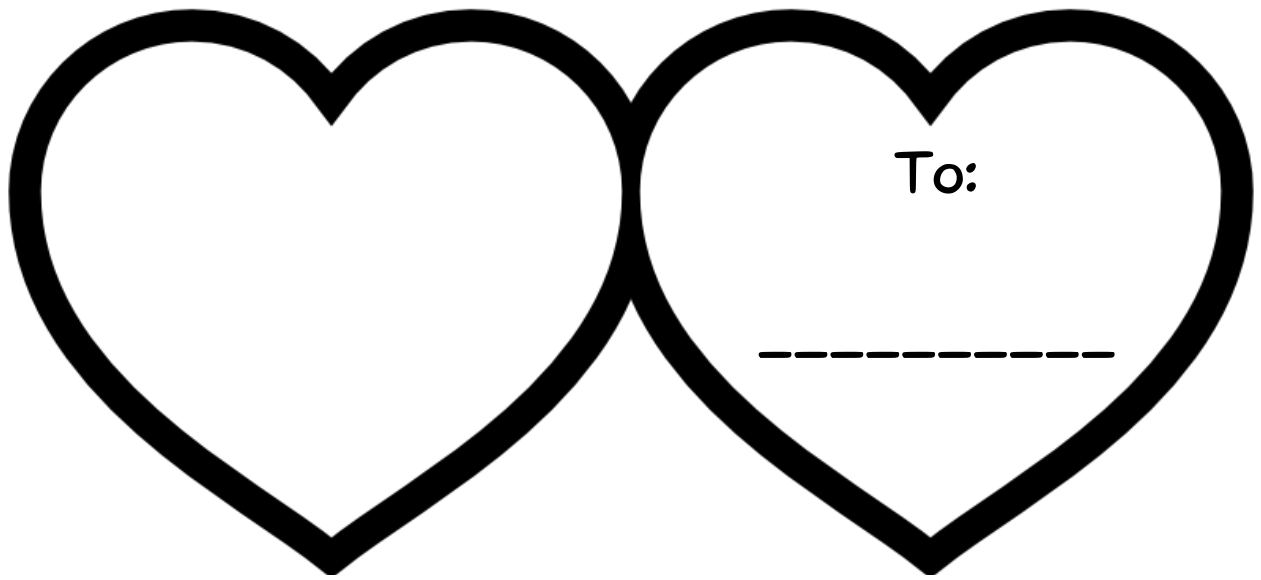
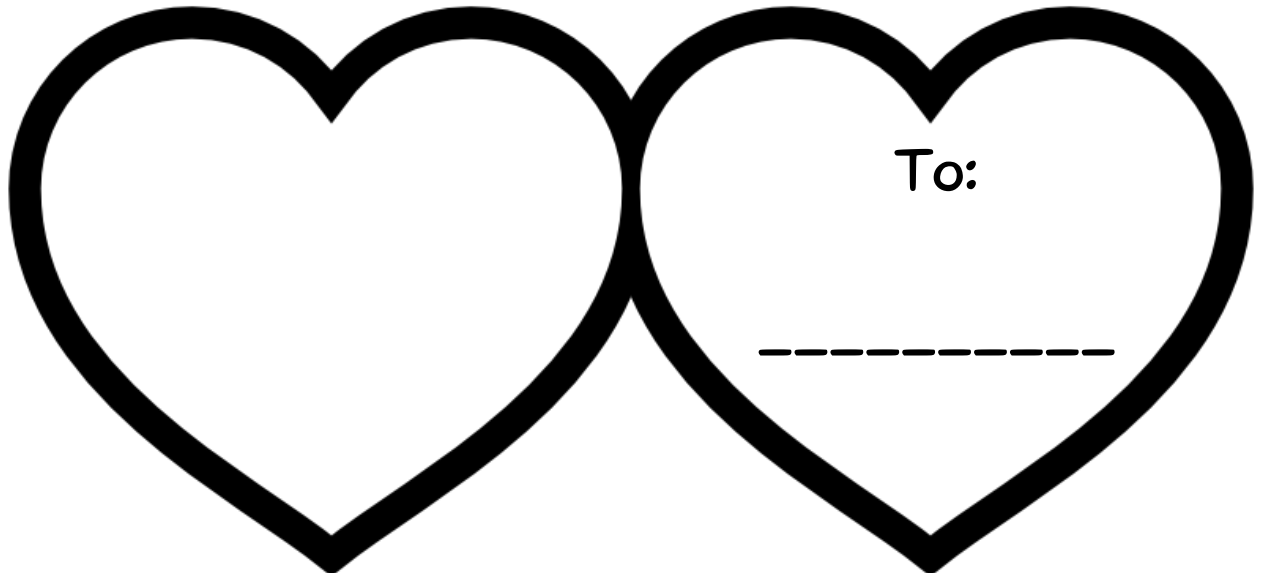
Kind words and compliments are a great way to show your family and friends how much they mean to you. Cut out the hearts below, and write compliments to your family and friends.

It could be fun if everyone sits together, writes a heart to each person, and then take turns reading their notes to everyone.





# More Heart Printouts



# Word Search

Find and circle the words listed below—across or down. Have fun!  
If you want a challenge, the next word search is for you.

P M E Y D H J Z R M P J L R I H U K P X  
R G H Q Y O A M M D R K H A V Y F R Q Q  
K D K L B Z F C K D X B L V J B A J X V  
F C Y Z Q L K H E J N J O Y I J M C E I  
I T O B R I W E B V K R Q X M S I A Y D  
P F V A L E N T I N E Q X R Z W L X R U  
C Q G V C U P I D C X O G T A E Y E H G  
H B Q F R S J E O A P V X O Y E Q R N U  
O T M U G X Q E B R Q K H A U T V D J I  
C O G L O V E K I D Z N F G F T B H G B  
O G Q Z B E G G R O S E S Q E X X E E R  
L E J J T Z I K I A Z G E S Z H Y S B K  
A T J N J Q M Q R F Q Q Y R O Z Y H U G  
T H F Y T N S B C A R E T T I G P S R V  
E E Z P N K H G X S M E R D D R S W B I  
K R O G X H A N Z U U V H F R I E N D M  
I K R I X B R K H Z Q X E C Y S M L W N  
N A K F J H E Y S O W R A Y Z H G U D M

## WORD BANK

card	Cupid	gift	joy	roses	sweet
care	family	heart	kind	share	together
chocolate	friend	hug	love	smile	valentine

# Challenging Word Search

Find and circle the words listed below—across, down, or diagonal—  
forwards or backwards. Have fun!

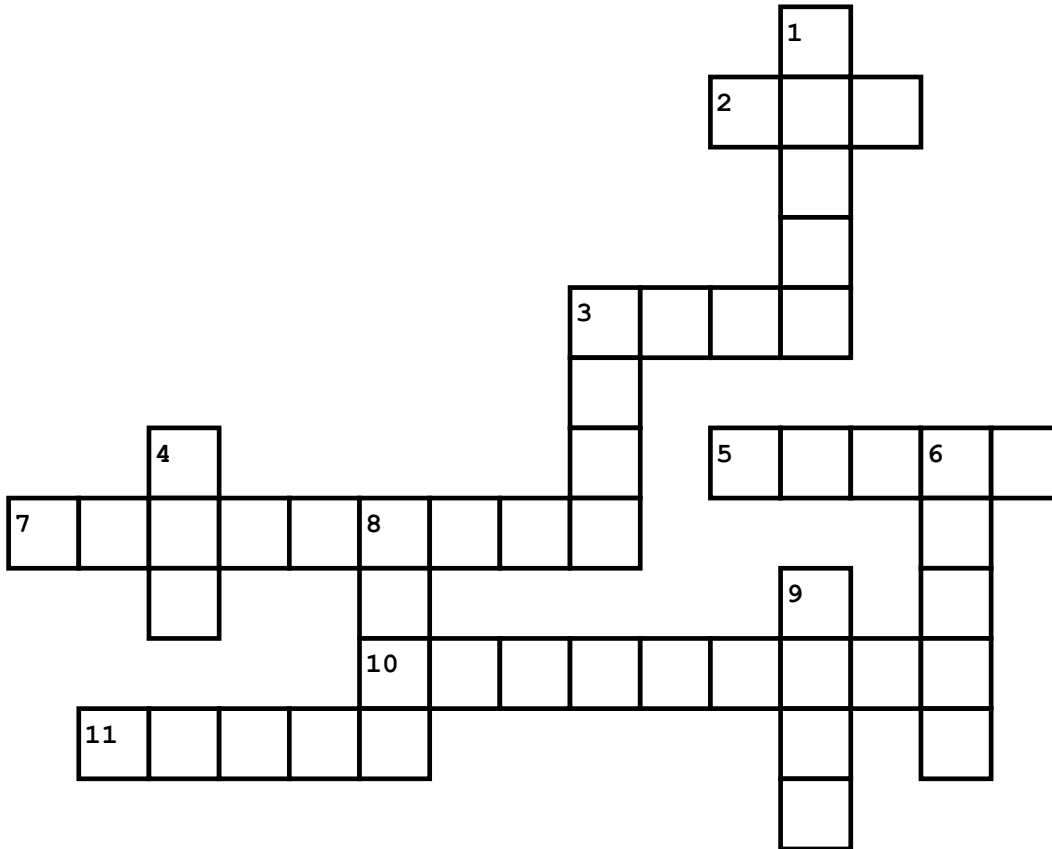
M X G T Y Q B B C S I H A P Q L S A S C S O  
H X B D W D A U H E Z U S Y C A R E A H K A  
U H X V A B G Z Y L D G C E R G J R A X G K  
V S K B J Z I P S I V U B M S K D R K Z K T  
P Y Y C Y B T M W M Y H L W V O E R X P V G  
F K E H E U K U V S L G C W Y Y R Y A Q O J  
W I A O Z K G A A M I Y G T W P Q L Q N O P  
H E W C B N O L L A M Y U Y T F N F A D L Z  
M T F O J Q Q P E O A E X Y N F G J T C M E  
A X D L N G I L N B F P Z S B L I G Z K Q N  
S R V A N G O S T Y F C F E I Q P G B N S F  
Q W V T A V E J I I N B M O Q U D X D X R O  
V G E E E Z F H N Q G Z C I X C Q I F I Z J  
I R R E N Y O J E L O Y Y O V E P X E V W Q  
W N O L T E H Y Z A M Q Z Y C U P N B I B L  
X Y Q H Q X A C Q P R S N G C V D I W C S S  
W V I C G K F S V V Y T D J E M Y L S Q M U  
M T R M J K N V F L I D J E X P U M E Z C Y  
A T W J P D N X I Z E W W O C D N I K X Y P  
L V S I C Z T O G E T H E R A Z K J R R C Z

## WORD BANK

card	Cupid	gift	joy	roses	sweet
care	family	heart	kind	share	together
chocolate	friend	hug	love	smile	valentine

# Crossword Puzzle

Using the clues provided, fill in the crossword grid. If you need a hint, check out the Word Search word bank. Happy puzzling!



## Across

2. Wrapping your arms around someone to show affection or that you care.
3. They sell these folded papers with pre-printed messages at the store, but homemade ones are super special.
5. This shape is a symbol of love.
7. A sweet treat often given as a gift in a heart box.
10. A card given to someone on February 14 is called a \_\_\_\_\_.
11. The facial expression you make when you're happy.

## Down

1. A little, winged archer who shoots love arrows.
3. When you look out for others and help them, it shows that you \_\_\_\_\_.
4. A feeling of great happiness.
6. These red flowers are a popular gift.
8. A warm feeling you have for family and friends.
9. Being nice and thoughtful to others is being \_\_\_\_\_.

# Poetry: Haiku

Compose a haiku (or two) about Valentine's Day or love.

**What is a haiku?** Haiku is a type of poetry that is three lines long. The first and third lines have five syllables, and the second line has seven syllables.

Since they are such short lines, they aren't usually full sentences. Be creative. Happy writing!

## Example Haiku:

### Tuttle Twins

5: Full of ideas.

7: Creating change in their world.

5: Helpers. Love learning.

**Title:** \_\_\_\_\_

**5:** \_\_\_\_\_

**7:** \_\_\_\_\_

**5:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**5:** \_\_\_\_\_

**7:** \_\_\_\_\_

**5:** \_\_\_\_\_

# Poetry: Acrostic

Write an acrostic poem describing love and family

**What is an acrostic poem?** It's a poem where the first letters of each line spell out a word or phrase.

It helps to brainstorm words about your theme word first. Then write short phrases or sentences for each letter in the word. Be creative. Happy writing!

## Example Acrostic:

**T**wo curious minds,  
**W**ondering and learning.  
**I**ncredible adventurers.  
**N**ever-ending ideas.  
**S**hining hearts helping others.

**L** \_\_\_\_\_

**O** \_\_\_\_\_

**V** \_\_\_\_\_

**E** \_\_\_\_\_

**F** \_\_\_\_\_

**A** \_\_\_\_\_

**M** \_\_\_\_\_

**I** \_\_\_\_\_

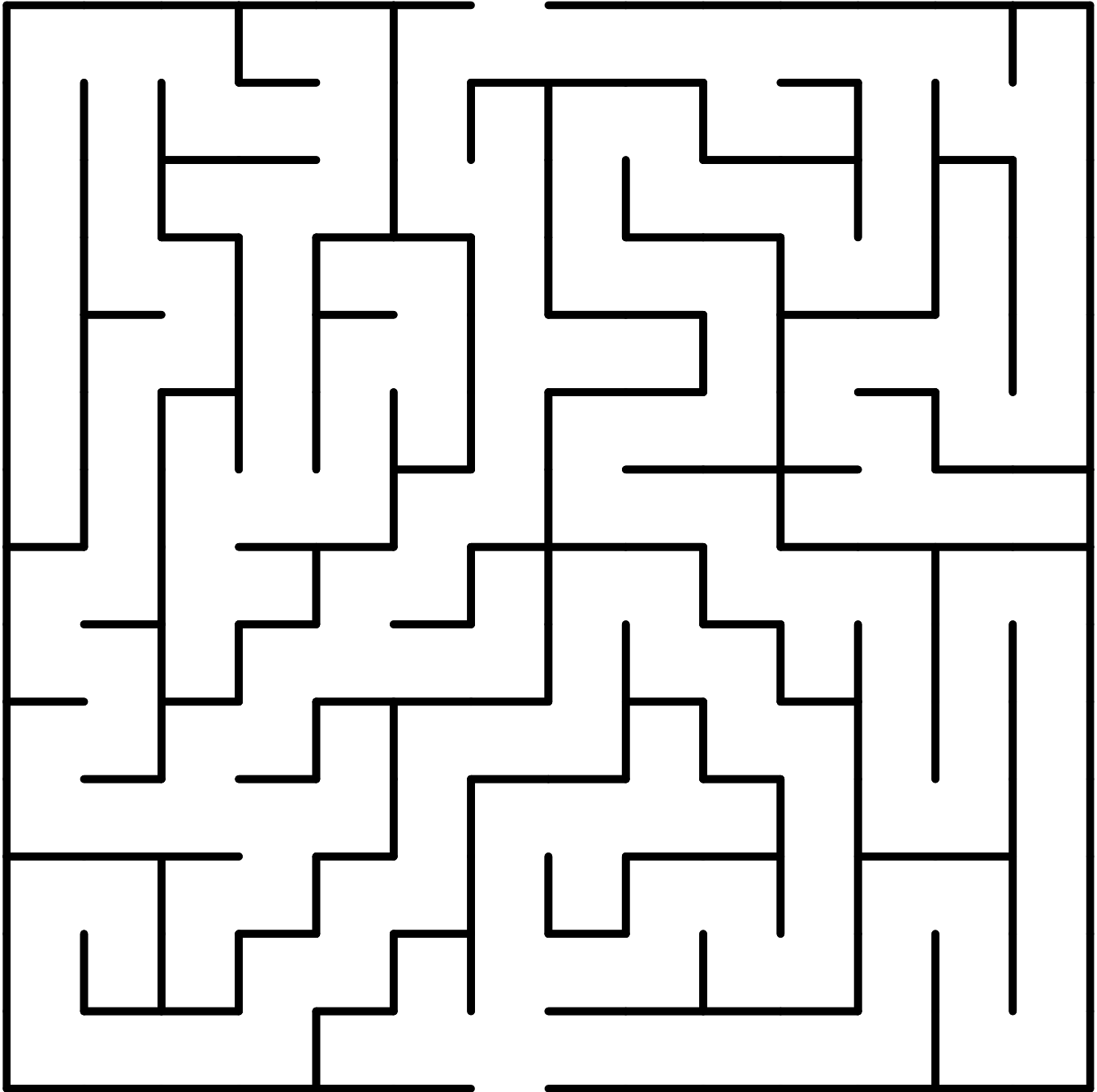
**L** \_\_\_\_\_

**Y** \_\_\_\_\_

# Maze - It's Easy To Find Love

Love is all around us. It's easy to find if you just look around at your family and friends.

START

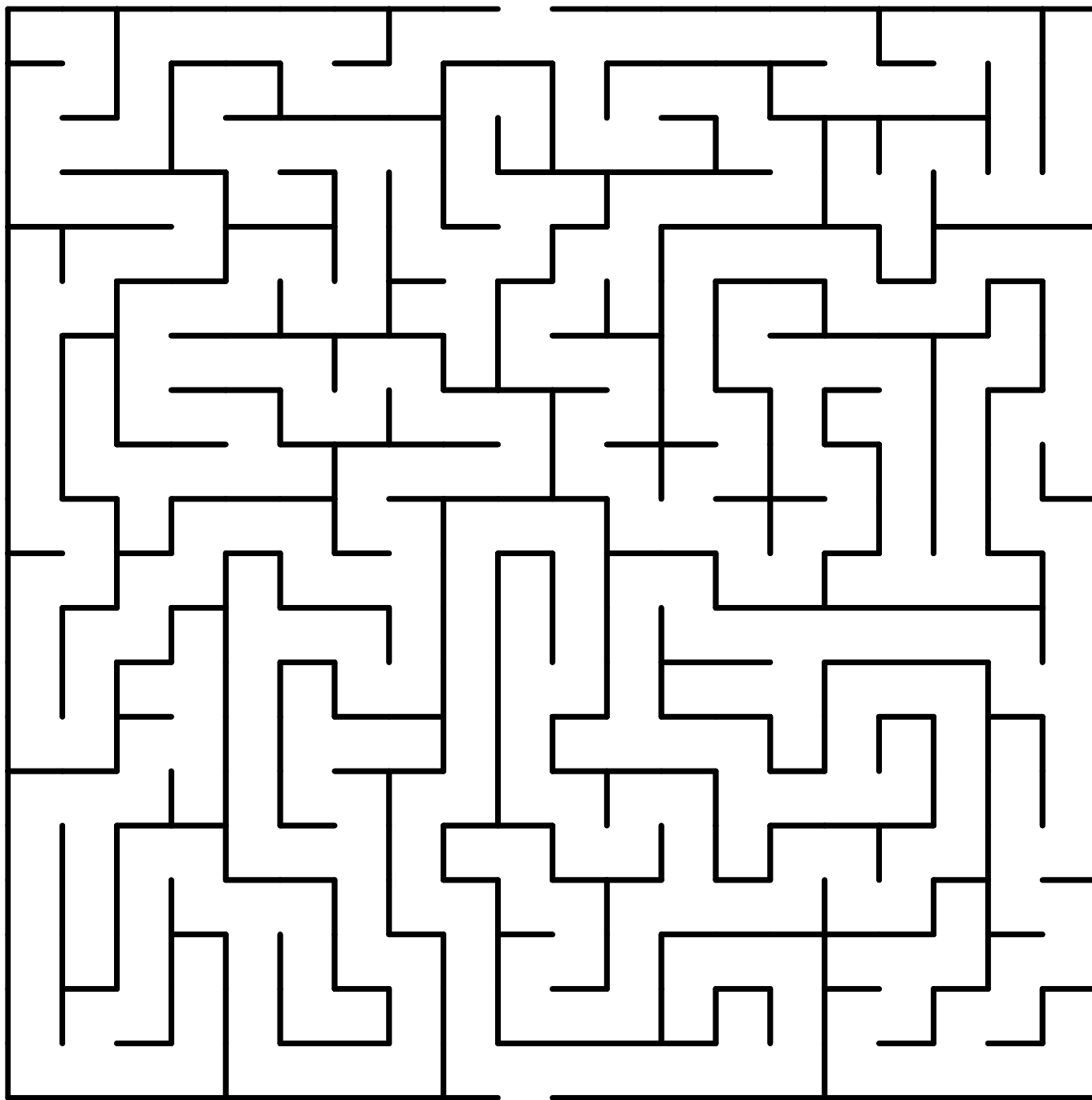


FINISH

# Maze - A Longer Journey... All Year Long

Love shouldn't be celebrated just on February 14. It's something that should be celebrated all year long.

**START**



**FINISH**



# Logic Puzzle

The Tuttle family—Emily, Ethan, Mrs. Tuttle, and Mr. Tuttle—made homemade gifts for Grandma Tuttle, Grandpa Tuttle, Nana, and Uncle Brock.

Use the clues below to determine what the gift giver made and who received each gift.

		Homemade gift				Gift Receiver			
		Sourdough loaf	Watercolor painting	Soap	Crocheted hat	Grandma Tuttle	Grandpa Tuttle	Nana	Uncle Brock
Gift Giver	Emily								
	Ethan								
	Mrs. Tuttle								
	Mr. Tuttle								
Gift Receiver	Grandma Tuttle								
	Grandpa Tuttle								
	Nana								
	Uncle Brock								

- Ethan didn't make the sourdough loaf, but the scent made his stomach growl.
- Grandma Tuttle loved the homemade soap she received from one of her grandkids. It smelled like vanilla and cherries!
- Mr. Tuttle and Mrs. Tuttle gifted the sourdough loaf and the crocheted hat.
- Uncle Brock was surprised and appreciative to receive a crocheted hat from his brother, Mr. Tuttle.
- Nana was excited to receive a watercolor painting because she had mentioned wanting new art for her living room.
- Ethan didn't make the watercolor painting.

# Activity Solutions

## Easy Word Search

P M E Y D H J Z R M P J L R I H U K P X  
 R G H Q Y O A M M D R K H A V Y F R Q Q  
 K D K L B Z F C K D X B L V J B A J X V  
 F C Y Z Q L K H E J N J O Y I J M C E I  
 I T O B R I W E B V K R Q X M S I A Y D  
 P F V A L E N T I N E Q X R Z W L X R U  
 C Q G V C U P I D C X O G T A E Y E H G  
 H B Q F R S J E O A P V X O Y E Q R N U  
 O T M U G X Q E B R Q K H A U T V D J I  
 C O G L O V E K I D Z N F G F T B H G B  
 O G Q Z B E G G R O S E S Q E X X E E R  
 L E J J T Z I K I A Z G E S Z H Y S B K  
 A T J N J Q M Q R F Q Q Y R O Z Y H U G  
 T H F Y T N S B C A R E T T I G P S R V  
 E E Z P N K H G X S M E R D D R S W B I  
 K R O G X H A N Z U U V H F R I E N D M  
 I K R I X B R K H Z Q X E C Y S M L W N  
 N A K F J H E Y S O W R A Y Z H G U D M  
 D F C T L U T J Z L C M R G S M I L E W  
 K H A P M L J I E G V X T U R E R F L I

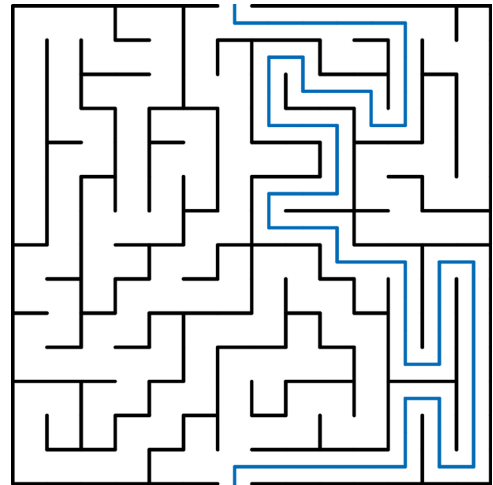
## Challenging Word Search

M X G T Y Q B B C S I H A P Q L S A S C S O  
 H X B D W D A U H E Z U S Y C A R E A H K A  
 U H X V A B G Z Y L D G C E R G J B A X G K  
 V S K B J Z I P S I V U B M S K D R K Z K T  
 P Y Y C Y B T M W M Y H L W V O E R X P V G  
 F K E H E U K U V S L G C W Y Y R Y A Q O J  
 W I A O Z K G A A M I Y G T W P Q L Q N O P  
 H E W C B N O L L A M Y U Y T F N F A D L Z  
 M T F O J Q Q P E O A E X Y N F G J T C M E  
 A X D L N G I L N B F P Z S B L I G Z K Q N  
 S R V A N G O S T Y F C F E I Q P G B N S F  
 Q W V T A V E J I I N B M O Q U D X D X R O  
 V G E E E Z F H N Q G Z C I X C O I F I Z J  
 I R R E N Y O J E L O Y Y O V E P X E V W Q  
 W N O L T E H Y Z A M Q Z Y C U P N B I B L  
 X Y Q H Q X A C Q P R S N G C V D I W C S S  
 W V I C G K F S V V Y T D J E M Y L S Q M U  
 M T R M J K N V F L I D J E X P U M E Z C Y  
 A T W J P D N X I Z E W W O C D N I K X Y P  
 L V S I C Z T O G E T H E R A Z K J R R C Z

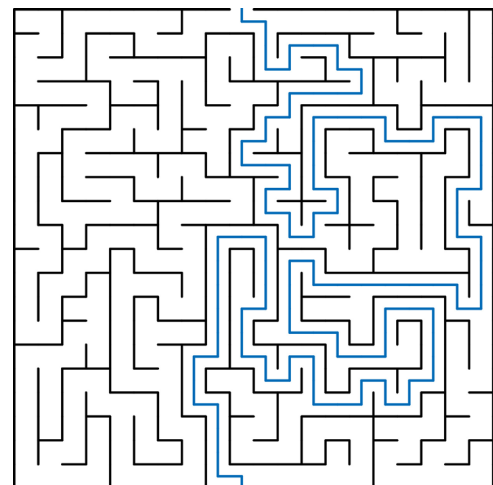
## Crossword Puzzle

1c  
 2h u g  
 p  
 i  
 3c a r d  
 a  
 r  
 4j  
 5h e a 6r t  
 7c h o c o 8l a t e  
 y  
 o  
 9k  
 10 a l e n t i n e  
 11 m i l e  
 n  
 s  
 d

## Easy Maze



## Hard Maze



## Logic Puzzle

Person	Homemade Gift	Gift Receiver
Emily	Watercolor painting	Nana
Ethan	Soap	Grandma Tuttle
Mrs. Tuttle	Sourdough loaf	Grandpa Tuttle
Mr. Tuttle	Crocheted hat	Uncle Brock