

**JULY 2024 PLUS PACK**



**EXTRA KID ACTIVITIES AND  
ARTICLES FOR PARENTS**

**JULY 2024 - ISSUE #34**

Dear Parents,

This month's Plus Pack provides your children with some fun activities that reinforce the concepts discussed in this month's *Tuttle Times*—plus there are some articles just for you! We want to empower you to confidently guide your children in learning these principles and applying it to their life.

We don't want each issue just to be read and put in a pile. We hope this Plus Pack extends the value of the magazine's content and leads to many conversations as a family as well as with others in your community.

Our mission is to equip you with knowledge and resources to make learning engaging and meaningful for your children. By encouraging curiosity, critical thinking, and a love for learning, your children can apply their knowledge in real-life situations and nurture their problem-solving skills and creativity.

—The Tuttle Twins team



Be sure to check out our [July Issue Resources](#), which has links to the activity solutions, surveys, and more!

We would love for you (and your child!) to share your thoughts on this month's issue with us. Find the survey links on the July Issue Resources page!

## **PLUS PACK CONTENTS**

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## Article Overviews and Dinner Table Conversations

We encourage you to read the *Tuttle Times* articles with your children, and we hope that the topics and big ideas bring about conversations that expand their knowledge and understanding of how the world works.

For each article, we give an overview or explain our reasoning for including it in this month's issue along with dinner table conversation starters. Bon appétit!

### The Neighbor Code (Issue pages 3-7)

The twins notice their elderly neighbor, Mr. Petersen, receiving citations for his unkempt yard. They learn from Fred that Mr. Petersen has been struggling since his wife's passing and is in poor health. Fred explains that in the olden days, people helped each other. They didn't report each other for overgrown weeds.

Fred and the twins decide to help Mr. Petersen. They rally the community to clean up the yard and repair the house, turning the event into a neighborhood effort. The initiative not only improves Mr. Petersen's home but also strengthens community bonds and teaches the value of neighborly support and kindness.



#### Dinner Table Conversation Starters

- What are some ways we can help our neighbors, just like Ethan and Emily did for Mr. Petersen?
- How can helping others improve the overall spirit of a community?

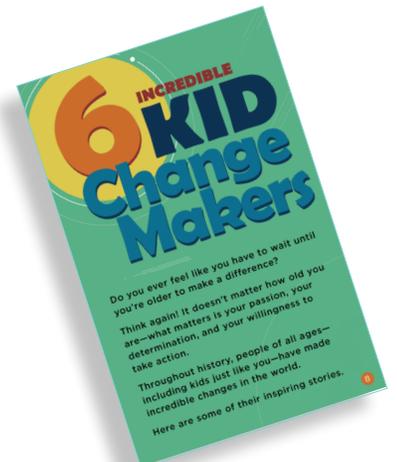
### 6 Incredible Kid Change Makers (Issue pages 8-11)

Sometimes kids can feel small in this big world. But this article strives to change that mentality and help them realize they can do big things, and they don't have to wait until they are an adult.

We share five stories (no, that's not a typo) of incredible kid change makers, and save the sixth story for your child to write how they will change the world!

#### Dinner Table Conversation Starters

- What are important traits to have to change the world?
- What do you think stops people from changing the world?



## There Are So Many Ways To Make Incredible Change (Issue pages 12)

We hope the inspiring stories in this issue and this list of categories help your child find a way they can change the world.

### Guiding Questions

- What are some of your talents and strengths?
- Which category on page 12 excites you the most?
- What problems do you see in the world that you want to change?
- How can you use your talents and strengths to solve that problem?



## Latest Buzz: The 2024 G7 Summit

(Issue pages 13-14)

The G7 leaders discuss global issues like healthcare, climate change, aiding developing countries, and promoting world peace. The G7 members agreed to provide \$50 billion to Ukraine for military and rebuilding efforts, which goes against their alleged efforts to promote world peace. The Biden administration introduced more sanctions against Russia, targeting banks and key industries like energy and mining.

Russian President Vladimir Putin responded negatively to these decisions and met with North Korean leader Kim Jong-un. They agreed to support each other if faced with aggression, with Kim expressing support for Russia's actions in Ukraine.

The decisions made at the G7 Summit can have wide-reaching impacts, sometimes causing unintended consequences that affect the global economy and innocent people worldwide.



### Dinner Table Conversation Starters

- Should global issues be solved globally or locally?
- Do you think the \$50 billion dollars given to Ukraine and the sanctions on Russia will help or hurt the current situation?

Write what you learned from each article, and discuss your responses with your family.



## "The Neighbor Code"

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## "6 Incredible Kid Change Makers"

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## "There Are So Many Ways To Make Incredible Change"

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## Latest Buzz: "The 2024 G7 Summit"

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What questions do you still have about what was discussed in this issue?

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Sharing what you learned is a great way to remember new information!

**What was your favorite part of this issue? Why?**

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**Who can you share what you learned with?**

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## Sharing Tracker

Color in a picture each time you complete one of the activities below.

Read an article in this issue aloud to someone.



Tell someone about one of the articles and what you learned.



Write a letter to someone telling them about your favorite article.

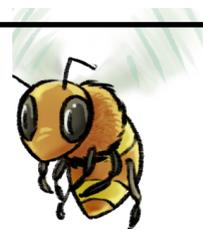


Draw a picture about one of the articles to share with someone.



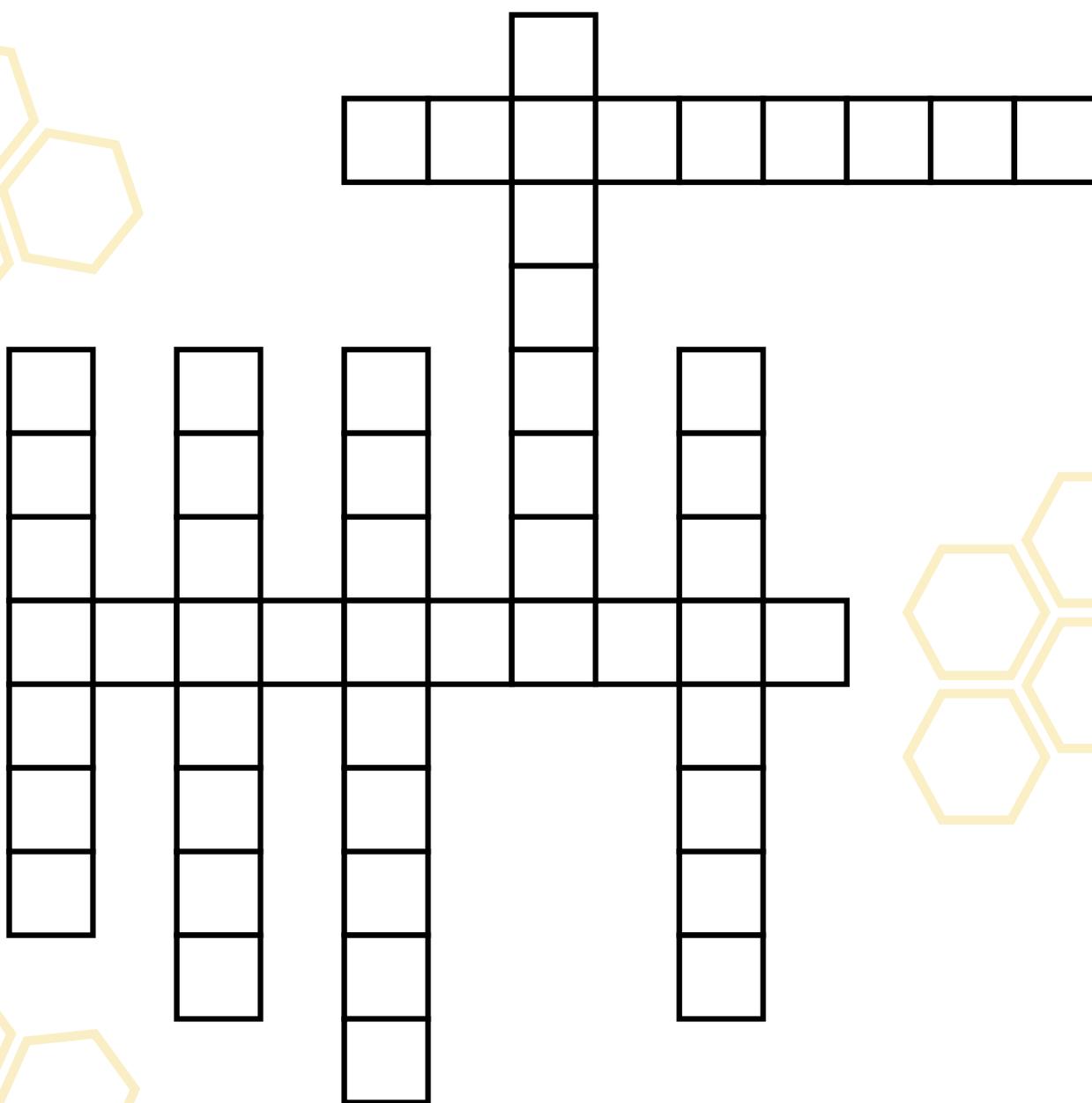
THE

# BUZZWORDS CROSSWORD



Using the Buzzwords listed on page 14 of the July 2024 *Tuttle Times* magazine, can you fill in this crossword puzzle?

No clues are given for each word; you have to try to figure out each word by the number of letter spaces given!



# WORD SEARCH

Find and circle the words about individualism and collectivism listed below—across, down, and diagonal. Have fun!

P V G J Z F Y G U F C Q V I H I T G S Q  
M N P M D I F F E R E N C E J C K G C E  
M N J H E L P Z Y C O V C N R H I D O O  
X V C X L S A F W P O C H B U A V M M H  
F I T I J Y H V K F E V A G X R C O M C  
T I K V N P A G V V B L N F D I C D U O  
B T M O T V V Y R K C Q G M X T Y Z N O  
R W J P W O E S N P D M E I R Y V F I B  
D T T I A Z A N W N J L R V T M U I T V  
R A R I C C T J T T H F C Q P B I M Y F  
I A D E P E T Y M R M U P D O Y P A S T  
G G I C R J G X X Q T U H B X U I O U M  
H I G W B T S S T P V H T X P Q F B T U  
T J H R S Q H V R X N A L P M I M U R E  
S E W D R I B I U R L Z S E D X V S P G  
O H A K A F J D E T E R M I N A T I O N  
C M F N E I G H B O R S D X N C H N A K  
F Q M W W B M Y U Y Z E E H O C K E C B  
G T R L T D X V O L U N T E E R R S Z Y  
E Z Y U Z P A Z Y V E J I E B R M S A H

## WORD BANK

business

community

help

neighbors

change

determination

impact

rights

charity

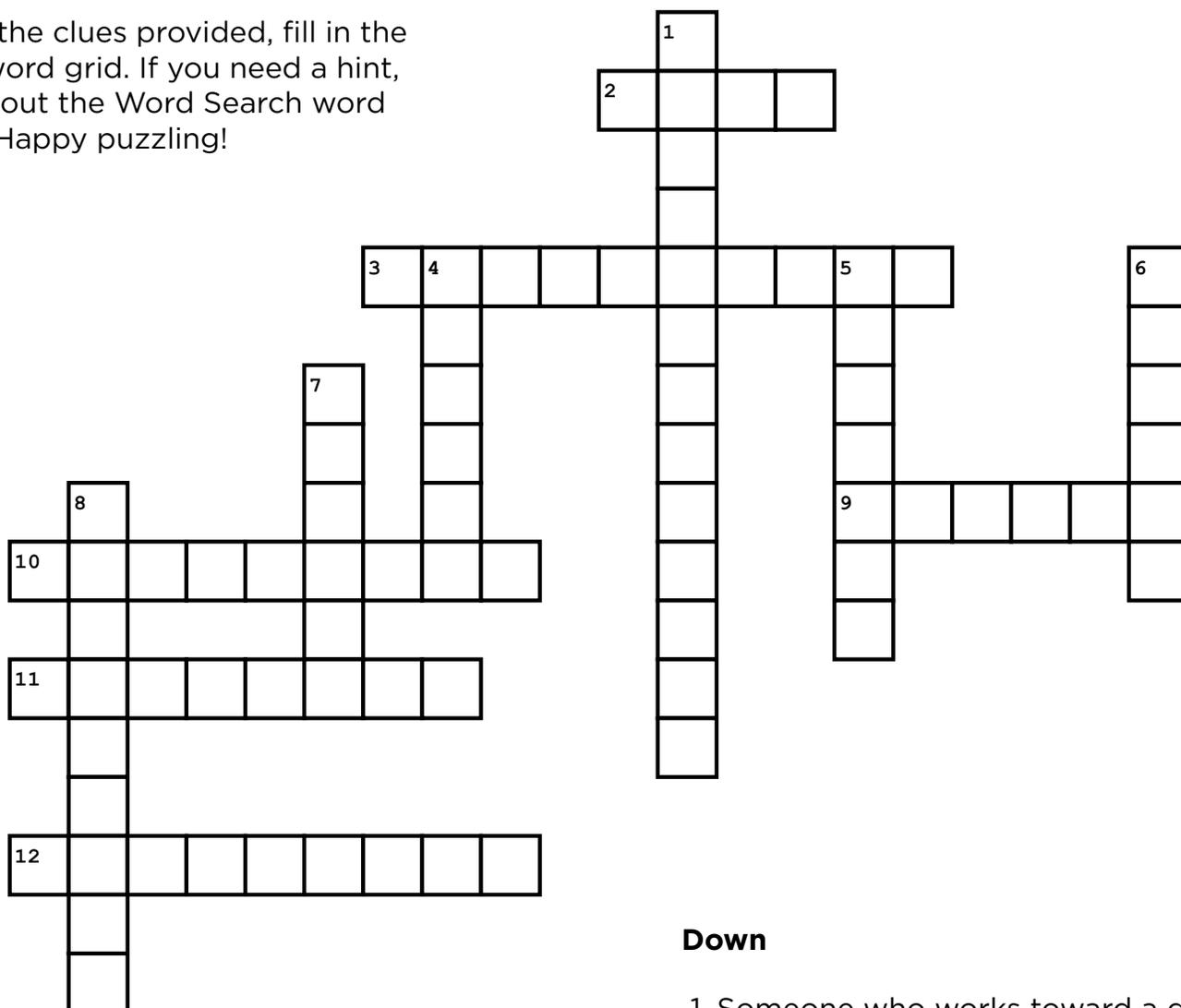
difference

invent

volunteer



Using the clues provided, fill in the crossword grid. If you need a hint, check out the Word Search word bank. Happy puzzling!



### Across

2. When someone cannot do something on their own, they need someone to \_\_\_\_\_ them.
3. When someone changes something for the better, they make a \_\_\_\_\_ in their community.
9. When you come up with a solution, but it doesn't exist yet, you \_\_\_\_\_ it.
10. A group of people living in an area
11. An organization that provides products or services in exchange for money
12. People who live next door to you or on the same street

### Down

1. Someone who works toward a goal and overcomes obstacles without quitting has \_\_\_\_\_.
4. Someone who teaches you and guides you can have an \_\_\_\_\_ on your life.
5. An organization that raises awareness and funds for a cause like homelessness or hunger
6. Freedom of speech and freedom of religion are two of your \_\_\_\_\_.
7. To make something different in some way
8. Helping other people by choice without being paid

Compose a haiku (or two) about being a change maker or changing the world.

**What is a haiku?** Haiku is a type of poetry that is three lines long. The first and third lines have five syllables, and the second line has seven syllables.

Since they are such short lines, they aren't usually full sentences. Be creative. Happy writing!

**Example Haiku:**

**Tuttle Twins**

5: Full of ideas.  
7: Creating change in their world.  
5: Helpers. Love learning.

**Title:** \_\_\_\_\_

**5:** \_\_\_\_\_

**7:** \_\_\_\_\_

**5:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**5:** \_\_\_\_\_

**7:** \_\_\_\_\_

**5:** \_\_\_\_\_



Write an acrostic poem describing a change maker.

**What is an acrostic poem?** It's a poem where the first letters of each line spell out a word or phrase.

It helps to brainstorm words about your theme word first. Then write short phrases or sentences for each letter in the word. Be creative. Happy writing!

**Example Acrostic:**

**T**wo curious minds,  
**W**ondering and learning.  
**I**ncredible adventurers.  
**N**ever-ending ideas.  
**S**hining hearts helping others.

**C** \_\_\_\_\_

**H** \_\_\_\_\_

**A** \_\_\_\_\_

**N** \_\_\_\_\_

**G** \_\_\_\_\_

**E** \_\_\_\_\_

**M** \_\_\_\_\_

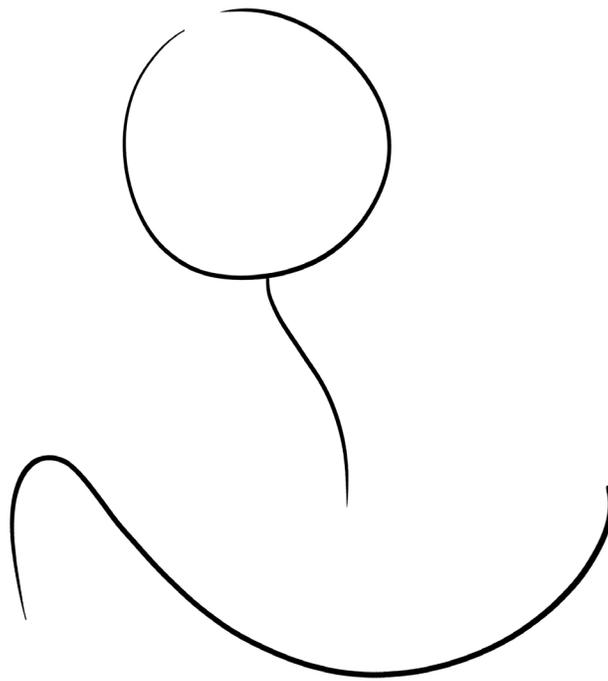
**A** \_\_\_\_\_

**K** \_\_\_\_\_

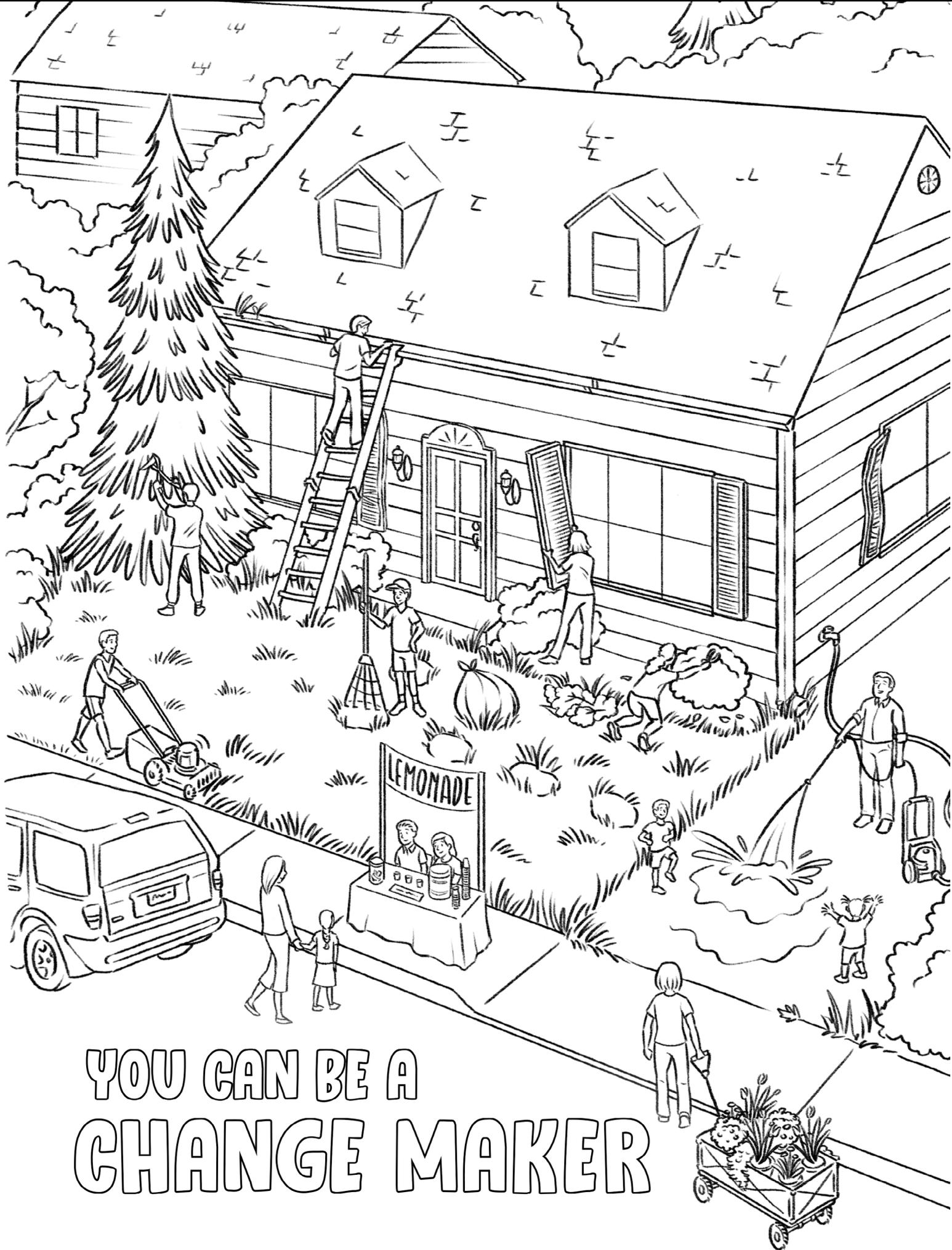
**E** \_\_\_\_\_

**R** \_\_\_\_\_

Take a look at the lines drawn below. Spend a little time brainstorming and planning. Now, have fun drawing something using those lines as your starting point. Share your amazing creation with us at [magazine@tuttletwins.com](mailto:magazine@tuttletwins.com).







YOU CAN BE A  
CHANGE MAKER





























## The Ripple Effect of Taking Action

Throughout most of history, people saw those who needed help only in their local community. People helped their family and their neighbors. As communication technology advanced, more was known about what was happening in other cities, states, and countries, but nothing made it more vivid than the internet.

Now, from the comfort of our homes, we can see the struggles of communities across the world and, with just a few clicks, extend a helping hand to those in need worldwide.

But as our awareness of global needs expands, the abundance of information can sometimes be overwhelming to those who want to help. Our personal resources are finite, so we can't individually help everyone. Even Elon Musk doesn't have the resources to help everyone in need around the world.

Is one cause better than another? Is it better to help locally or help a country where more people are living in abject poverty? There are so many causes, so how do you choose? Do you help with homelessness or food insecurity? What about those suffering with medical conditions—or the organizations researching treatments and cures for them?

At some point, you just have to stop and let your heart guide you. Choosing to help and taking action does more than being stuck in a pattern of overthinking and indecisiveness.

The power of technology to amplify voices from every corner of our world is undeniable. Social media platforms, online crowdfunding initiatives, and instant messaging apps have improved the process of raising awareness and mobilizing support for causes ranging from disaster relief to human rights.

Never before have individuals had such direct access to information about the challenges facing people throughout the world. And there are so many easy ways of offering assistance to those in need. From donating to humanitarian organizations providing aid in conflict zones to volunteering for disaster relief efforts, individuals are using the power of technology to make a huge difference in the lives of others. This ability to connect with and support communities thousands of miles away has undoubtedly led to countless acts of generosity and compassion that wouldn't have been possible a century ago.

The sheer magnitude of information available to us can be overwhelming, leading to what has been termed "compassion fatigue" or "outrage fatigue." When bombarded with images of suffering and injustice from every corner of the world, it can be tempting to retreat, feeling powerless to effect meaningful change in the face of such overwhelming need. Can anything you do ever be "enough"?

So how do we overcome this and make a difference in our world? Rather than being stuck in a state of overwhelm, we can focus our awareness and turn it into action by asking a couple questions and taking action. What do you want to see change? What can you do to help?

Individually, we can't help everyone and fix everything, but we can choose to do something. If we all do something, the ripple effect will be incredible!

## Empowering Young Change Makers

In a world filled with challenges and opportunities, it's never too early to inspire our children to become positive change makers. Guiding kids to think about how they can contribute to making the world a better place not only encourages a sense of responsibility but also empowers them to believe in their potential.

It starts with being curious. Encourage your child to ask questions about the world around them. Why do certain problems exist? How do they affect people? When children understand the impact issues have on others, they develop a sense of empathy that can motivate them to take action.

Every child has unique interests, strengths, and talents. This can guide them toward causes that resonate with them. Whether they love science or have a talent for building things, this can be the foundation for their contribution to the world.

Changing the world can feel like an overwhelming task, even for adults. Break down their idea into manageable goals. Teach your child that even small actions can lead to big changes. Small actions are easier to manage and less overwhelming, making it more likely that you'll stick with them.

Success with small actions builds confidence and momentum, encouraging you to take on bigger challenges. Your small actions can inspire others, creating a multiplying effect where more people join the cause.

Children learn a lot by observing the adults in their lives. Demonstrate your commitment to making a difference through your actions. Volunteer, donate, or raise awareness for local causes. Speak at a school board or city council meeting about an issue you want to change.

Yes, children are capable of amazing things, but having their parents help them acquire the resources they need will motivate them even more. This could be books, online courses, workshops, or even mentors. Providing support will help them develop the skills and knowledge needed to make a difference.

When it comes to making change in the world, there will always be more to do. It can be easy for children to get discouraged when they see that they didn't solve the entire problem. It's important for them to realize that they did change the world.

They need to celebrate their accomplishments and reflect on the ripple effect that will continue from their actions.

## Starting Small, Making Big Change

When we think about changing the world, it's easy to get overwhelmed. The problems can seem so big, and our abilities so small. But you can change the world if you just start with a single, small action.

The story of Katie's Krops is a perfect example of how a small idea can grow into a powerful movement, showing us that we don't have to start big to make a difference. Katie Stagliano was just nine years old when she brought home a small cabbage seedling as part of a school project. She cared for that seedling in her backyard, and it grew into a 40-pound cabbage.

Katie didn't just see a giant vegetable. She saw an opportunity. She donated the cabbage to a local soup kitchen, where it helped feed over 275 people. This became the starting point of a journey that would inspire many and help countless people in need.

If you read her story on her website ([KatiesKrops.com](http://KatiesKrops.com)), a few things stand out.

1. Katie had an idea of how to make a difference.
2. Her parents supported her.
3. Katie specifically mentions that no one told her she was too young or that what she wanted to do was impossible.
4. Katie's mom mentions that she missed some school managing this endeavor. And her mom supported that because she understands that learning can happen outside of the classroom too!

Katie's Krops has since grown from that single cabbage into a nationwide movement. Today, there are over 100 Katie's Krops gardens across the United States. These gardens produce thousands of pounds of fresh produce each year, all donated to local food banks and soup kitchens.

Katie's story teaches us a powerful lesson. It's easy to feel like our individual efforts won't matter in the face of big problems, but Katie's Krops shows us that even the smallest actions can have a ripple effect, inspiring others and creating significant change over time.

## Should the G7 Even Exist?

The G7, made up of some of the world's most influential economies, often positions itself at the forefront of addressing global problems such as public health, world peace, global warming, and economic instability. There are huge repercussions of top-down, globally coordinated solutions though.

Global solutions devised by the G7 often suffer from a one-size-fits-all approach that fails to account for the unique needs and circumstances of different communities. Centralized decisions made by elite leaders are inherently detached from the realities that local communities face.

For instance, global environmental policies set by the G7 might push for stringent regulations that are financially burdensome for developing countries, hindering their economic growth and exacerbating poverty. These nations might have more effective methods for addressing environmental issues that don't excessively harm their economic growth.

The imposition of global economic policies can also lead to unintended consequences, particularly for developing economies. Policies designed to stabilize global markets often (yet unsurprisingly) prioritize the interests of the G7 nations, harming smaller economies. The smaller nations are forced to adhere to regulations that stifle innovation and local entrepreneurship.

Local solutions lead to more sustainable and effective outcomes. Local communities are best positioned to create and implement solutions that work for them because they know the unique challenges of their community. This also encourages innovation. Different approaches are tested locally and refined, which allows communities to learn from one another too.

While the G7's efforts to tackle global issues are said to be driven by the need for coordinated action, there are unintended consequences of such top-down approaches. Global problems are better addressed through local solutions, tailored to the specific needs and conditions of each community.

## Podcasts

- [Can Individuals Change the World?](#) - Episode 22
- [How Can We Use Our Talents To Make A Difference?](#) - Episode 97
- [What Is The First Step To Changing The World?](#) - Episode 77
- [What Does Voice and Exit Mean?](#) - Episode 400
- [How Can You Turn An Idea Into A Reality?](#) - Episode 477

## Tuttle Twins Books & eBooks

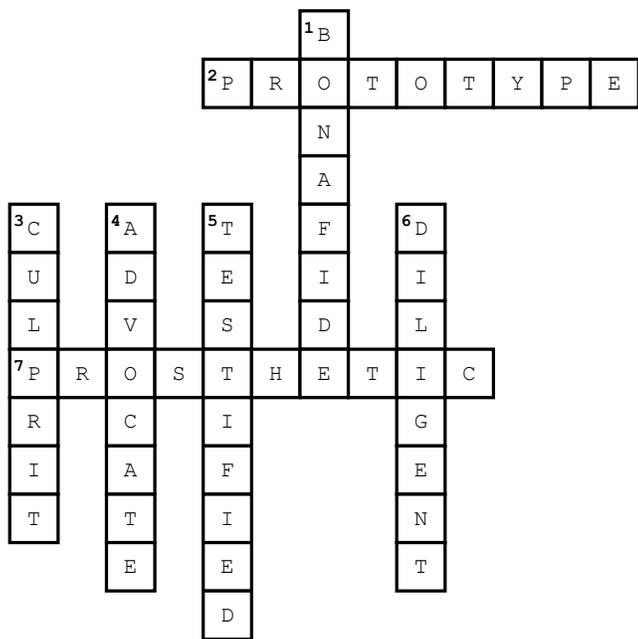
- *The Tuttle Twins and the Food Truck Fiasco*
- *The Tuttle Twins and Their Spectacular Show Business*
- *The Tuttle Twins and the Fate of the Future*
- *The Tuttle Twins and the 12 Rules Boot Camp*

## Inspiring Change Makers

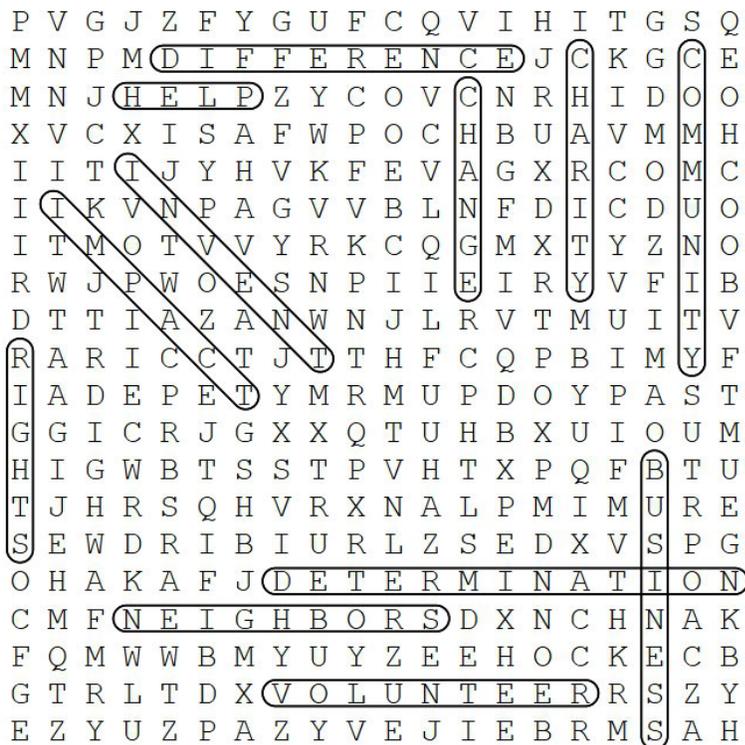
If those incredible change makers inspired your children, here is more info on each one for them to learn more.

- [Mary Beth Tinker](#) - Iowa PBS Interview
- [Katie Stagliano](#) - Katie's Krops
- [Kelvin Doe](#) - Bio
- [Easton LaChappelle](#) - Unlimited Tomorrow
- [Louis Braille](#) - A history of Braille

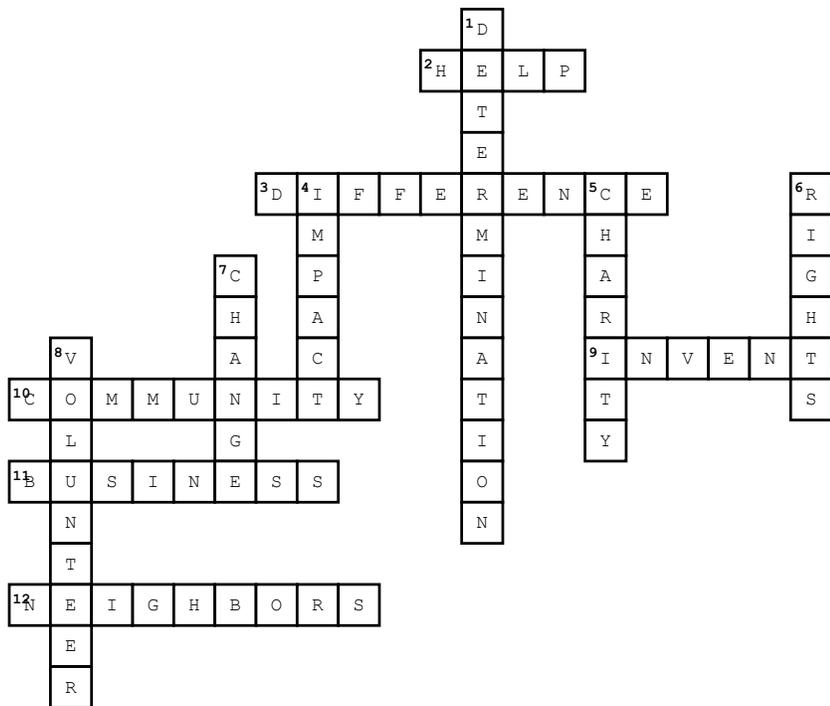
## BuzzWords Crossword



## Word Search



## Crossword Puzzle



## Cipher Quote

**How wonderful it is that  
nobody need wait a single  
moment before starting to  
improve the world.**